

PROCESS AND PROCEDURES

INSTRUCTIONAL SESSIONS

We will meet ten (10) hours a week (unless otherwise agreed upon) from July 2020 through the end of January 2021. These sessions are designed for you to grasp the foundational concepts of Kundalini Yoga; Hatha, Vinyasa & Ashtanga as well as MindBody Stress Reduction (MBSR), Mindfulness & Meditation while guiding you on how to teach the same. Instructional sessions start and end on time. The time between sessions is for you to integrate the lessons and techniques into your daily life.

YOUR INVESTMENT

Your investment is \$3500 total. If making payments, \$500 is due as a minimum deposit no later than July 2020. After paid deposit \$375 per month is due no later than first Friday of each month. If the payment is late, the month's sessions will be postponed until full payment is received.

REFUND POLICY

If you are not satisfied with the instruction for which you enrolled, you may apply the remaining funds to any other service offered by HEALING HOUSE YOGA LLC. You are responsible for communicating challenges as soon as they arise so I can ensure your 100% satisfaction as soon as possible with your remaining credit.

DECLINED CREDIT/DEBIT CARD

Should a credit/debit card be declined, you are responsible for covering any costs associated. This is a non-refundable payment that must be made within 7 days of your credit/debit card being declined. Credit/Debit cards require additional 3% processing fee.

CHALLENGES

The instructions given are done so with seriousness and with respect. If something isn't working for you, don't hesitate to speak with me about it. I may be able to find a way to work around it or I may be able to refer you to somebody who is better suited to your needs. The more I know about you, what is and is not working, the better able I am to partner with you. I promise to be equally as honest.

CONFIDENTIALITY

It is recognized that as a client, you may communicate personal, business and other information. It will not at anytime be used for my own benefit, disclose or communicate in any manner any information to a third party. It will not be divulged that we are in teacher/student relationship without your permission. All sessions are held in strict confidentiality.

EXTRA TIME

You are welcome to email or text me between scheduled sessions if something comes up for you, you feel stopped in some way, or you simply can't wait to share a success or break through. As I do not bill for this additional time I request that you keep these emails/texts short. I do not provide business services over email nor am I able to provide lengthy responses. I am, however, happy to respond to short questions or concerns that cannot wait until our next session.

CANCELLATION

All cancellations or reschedules require a 24 hour notice. Cancellations made within 24 hours will only be rescheduled if scheduling allows. If scheduling does not allow, the session will be non-refunded.

LIABILITY

A high level of professionalism, integrity, honesty and personal knowledge is guaranteed. I offer suggested technique, background, scientific insight, examples, inspiration and encouragement to clients who would like to gain training and additional knowledge specific to Kundalini Yoga; Hatha, Vinyasa & Ashtanga as well as MBSR/Mindfulness & Meditation. I am a certified instructor of Kundalini Yoga & Meditation and am highly experienced in Hatha, Vinyasa, Ashtanga and MBSR while practicing & teaching the same. I am not working or trained as a Therapist, Counselor, Medical or Financial Advisor. I disclaim any and all liability to anyone who acts or relies upon the information given in our material, sessions or presentations. As a private client, you understand that our sessions and materials are consultative in nature and results are not guaranteed. You also understand that any actions and decisions you take are solely your responsibility and that you are responsible for creating your own results. I shall in no way be responsible for any adverse situations created as a direct result of our work together or from a specific referral that I make. I give no guarantees or warranties, expressed or implied, about any results to be achieved.

AGREEMENT

This Agreement outlines the terms of our agreement. Please email question@healinghouseyoga.com no later than one week prior to our first instructional session.

Commitment	6 months
Frequency	Ten (10) Instructional Hours per week* plus supporting documents and email between sessions.
Monthly Investment	\$375 USD per month
Payment Method	www.healinghouseyoga.com payment portal
Payment Terms	Due no later than Friday before first session of the month (no later than 24 hours prior to first session).

* barring holidays and emergencies.

IMMEDIATE ACTIONS

1. Read through this Welcome Package. Jot down any questions and share via text/phone or email for clarification.
2. Sign & email the following sections:
 - a. Client Profile
 - b. Discovery Questions
 - c. Agreement

Send to question@healinghouseyoga.com no later than one week prior to first instructional session.

3. Submit payment via HEALING HOUSE YOGA, LLC payment portal for our next instructional session. Please submit your \$500 down payment no later than 24 hours prior to first session.

